

# FUTURA CAREER INSTITUTE



**HAIR DESIGN / BARBER  
COSMETOLOGY  
FULL SPECIALIST  
AIR CONDITIONING REFRIGERATION TECHNICIAN  
ELECTRICAL TECHNICIAN  
NAIL TECHNOLOGY**

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[WWW.FUTURACAREERINSTITUTE.NET](http://WWW.FUTURACAREERINSTITUTE.NET)

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Licensed by:

The Commission for Independent Education located at 325 W Gaines Sreet, Suite 1414, Tallahassee, Florida 32399-0400. Telephone Number 1-888-224-6684.

Accredited by:

The Council on Occupational Eduaction (COE) located at 7840 Roswell Road, Building 300, Suite 325, Atlanta, GA 30350. Toll Free Number 1-800-917-2081, and recognized by the U.S. Department of Education under Title IV program.

**FULL SPECIALIST**  
**600 HOURS**

**Objective:**

The Full Specialist program provides students with the knowledge to obtain the Full Specialist Florida State License, as well as the necessary skills to start a professional career in spas, beauty salons, cruises, or independently as business owner.

**Course Description:**

The school covers in the Full Specialist Program the tasks, duties, laws and practices associated with the esthetics and nail technology areas. The teaching methods used are theories and lectures, a supervised laboratory, and services.

**Requirements:**

Must be 16 years of age and have a high school diploma, or GED.

**PROGRAM INFORMATION**

**Completion Time:** 25 hours a week = 24 weeks (120 Days)

**Tuition and Fees**

<b>Tuition</b>	<b>\$ 6,900.00</b>
<b>Registration Fee</b>	<b>100.00</b>
<b>Books/Supplies</b>	<b>Included</b>
<b>Total</b>	<hr/> <b>\$ 7,000.00</b>

**PROGRAM DESCRIPTION**

**FS001: Career Opportunities. Anatomy, Physiology, Histology and Disorders of the Skin. HIV/AIDS & Florida Law. ( 60 hours) Chapters 1, 2, 3 & 4**

Explain how career opportunities and the history of the profession are critical to esthetics. Describe the basic structure and function of a cell; Recognize the muscles involved in esthetic massage. Distinguish the six primary functions of the skin; Identify a hair follicle and nails as an appendage of the skin. Explain why knowledge of diseases and disorders is valuable for an esthetician. Recognize skin changes that could indicate a type of skin cancer. Students will learn the origin, transmission and prevention of HIV/AIDS required by Florida Statute. The study of Florida State Laws, Rules & Regulations with an overview as they applied to Cosmetology and salon practice set by the Florida Department of Business & Professional Regulations.

**FS002: Skin Analysis & Products; The Treatment Room ----(90 hours) Chapters 5, 6 & 7**

Explain the process of skin analysis; Distinguish the characteristics of sensitive skin; Illustrate and explain the causes of skin conditions and perform a skin analysis. Explain how skin care products and ingredients are significant to estheticians; types of ingredients in cosmetic chemistry; Identify beneficial ingredients for various skin types and conditions and summarize the points to consider when choosing a professional skin care line. Treatment room preparation is an integral part of providing treatments Properly clean and disinfect the treatment room and perform pre- and post-service procedures to meet safety and health requirements.

**FS003: Facial Treatments, Massages and Devices ---(90 hours) Chapter 8, 9 &10**

Benefits of facial treatment and the key steps of the basic facial treatment; Acne facials; Men's skin care treatment options and performing of the facial treatment procedures. Importance of facial massage as an esthetics service; benefits of massage; facial massage contraindications; types of massage movements used by estheticians. The importance of the use of facial devices and technology; basic concepts of electrotherapy. Identify why you should make informed decisions when purchasing equipment as a licensed esthetician.

**FS004: Infection Control; Hair Removal ;Makeup and Advanced Topics and Treatments---(90 hours) Chapters 11, 12 & 13**

Explain infection control; recognize the principles of infection; identify the types of pathogens and follow standard precautions. Describe the structure of hair; the hair growth cycle; temporary and permanent hair removal and reduction methods. Cosmetic color theory; the application of artificial lashes and the benefits of permanent makeup application. The use of chemical exfoliation and peels; the benefits of microdermabrasion by type of device and the spa body treatments.

**FS005: Nail Structure; Chemistry; Manicuring and Pedicuring----(90 hours) Chapters 4, 5, 6 & 7**

Define the natural nail unit, label the structure of the nail, describe the factors that affect nail growth. Describe the function of adhesion, adhesives, and primers in nail products, define the chemistry behind the adhesion of nail enhancements. Describe the materials used during nail services, demonstrate the basic manicure technique, compare the process of a spa manicure and a basic manicure. Describe the equipment needed to perform pedicuring services, explain the uses of professional pedicure products, identify the benefits of a pedicure massage and discuss the importance of following disinfection practices after each pedicure service.

**FS006: Electric Filing & Nail Tips and Forms----(90 hours) Chapters 8, 9 & 10**

Describe electric files; choose the proper bit for each service; demonstrate electric filing for pedicures; and list safety tips for electric filing. Identify the difference between a nail enhancement and a nail extension; explain how to prepare for the nail for extensions; describe the different types of nail tips; and name the most common nail shapes. Define nail resin and nail resin systems; describe the importance of nail wraps and the advantages of applying dip system.

**FS007: Nail Enhancements----- (90 hours) Chapters 11, 12 & 13)**

Describe the chemistry of liquid and powder nail enhancements; identify the supplies for liquid and powder nail enhancements services; outline the process of maintenance, repair and removal of liquid and powder nail enhancements. Explain the importance of learning about light cured gels and to describe the chemistry of gels and discover the difference between LED and UV light used to cure gels. Classify the types of gels, understand when to perform gel services and demonstrate the basic techniques used in hand-painted nail art, how to create 3D nail art and to explain the dip system.

**Books**

Milady's Standard Esthetics Fundamentals 11<sup>th</sup> Edition  
Milady's Standard Cosmetology Workbook for Theory and Milady's Standard Cosmetology Workbook for Practical.

### **Requirements for Graduation**

Students must complete 600 hours of theory, and lab/shop training with a minimum cumulative grade point average of a 2.0.

### **Diploma**

After the completion of the program, the student receives a diploma providing that the final examination is approved and all requisites and financial obligations with the institution have been met.

### **Requirements for Licensing**

Submit to the State Board of Cosmetology the following:

1. Application form (duly completed and signed)
2. Money order or check in the proper amount depending on odd or even years payable to DBPR. The school office will help determine your total amount.
3. Certificate of completion of H.I.V. /A.I.D.S. Seminar (4 hours).

### **Method of Payment**

Full payment may be made in advance, at the beginning of the program, mid-point of the program, paid on a monthly basis arranged with the School office.

**School Calendar for Full Specialist 2024-2025**

<b><u>Start Date</u></b>	<b><u>Graduation Date</u></b>
12-04-2024	05-21-2025
01-13-2025	06-30-2025
02-07-2025	07-25-2025
03-06-2025	08-21-2025
04-01-2025	09-16-2025
04-28-2025	10-13-2025
05-22-2025	11-06-2025
06-18-2025	12-03-2025
07-16-2025	12-31-2025
08-11-2025	01-26-2026
09-05-2025	02-20-2026
10-01-2025	03-18-2026
10-27-2025	04-13-2026
11-21-2025	05-08-2026
12-19-2025	06-05-2026